

**Barwon Learning Centre**

**'Nutrition Policy'**

Maslow's hierarchy of needs strongly indicates that food is an essential requirement for effective learning to take place.

Each Monday, Elders, parents and community members are invited to share with students at Barwon Learning Centre (B.L.C.) in a nutritious, cooked breakfast.

The health benefits of fresh fruit are acknowledged. Each morning the Aboriginal Education Officer (AEO) takes a platter of fresh fruit into each classroom.

B.L.C. is a small school without a school canteen. An arrangement is in place with Moree Secondary School for B.L.C. students to access food from their canteen.

School Learning Support Officers (SLSOs) take lunch orders from students before school and phone them through to the High School. Lunches are collected by SLSOs and brought back to B.L.C.. Moree Secondary School is a 'Fresh' tastes school.

In the event of students not having lunch, they are able to make themselves sandwiches in the kitchen.

Fizzy cordials are not allowed at B.L.C..

Students are actively taught about good nutrition and healthy eating through the curriculum.

Healthy, nutritious food is served at all B.L.C. functions.

June 2014

